

WAMEGO MIDDLE SCHOOL CC INVITATIONAL CROSS COUNTRY MEET
INFORMATION (A group only)

Date: Tuesday, September 8, 2020

1701 Kaw Valley Road, Wamego

DIRECTIONS: Take I-70 West to K-99 N. Follow into Wamego.

RACE TIMES:

7th Girls 2 miles 4:00pm 8th Girls 2 mile 5:10pm

7th Boys 2 miles 4:35pm 8th Boys 2 mile 5:45pm

***Each race will have 4 waves to allow for social distancing. See the back for approx. wave starts.*

A white line will serve as a guide throughout the course. Medals will be given for the **top 15** in each division.

Participating Teams: Chapman, Concordia, Eisenhower (Manhattan), Marysville, Mission Valley, Riley County, Rock Creek, Seaman, Silver Lake, St. Mary's, Susan B. Anthony, WRMS

WRMS Records From Wamego Invitational

7th grade boys Bennett Hallauer 13:17.3 (2018)

7th grade girls Rylee Ismert 13:05.0 (2019)

8th grade boys Colby Steinman 12:04.5 (2018)

8th grade girls Heidi Schieber 13:47.6 (2018)

Students will be dismissed from class at 2:00 to go to the locker room and change into their uniforms and to load the buses. The buses will leave WRMS at 2:15. Students should take all their belongings to the meet as we will not re-enter the school upon return. We should return to WRMS no later than 7:30pm. Masks will be required to be worn in the locker rooms, on the bus and at the meet when not racing and not able to socially distance from one another.

Athletes are to bring their own snacks and water (Be sure to bring plenty as we will not have refills available at the meet.). Please **no** glass containers.

Dress for cold and wet weather. The school issued uniforms will be worn at all meets. Wear your XC attire or wear blue, gray, or black sweats with a blue shirt to show your school colors.

IMPORTANT SPECTATOR INFORMATION: *Spectators are expected to wear a mask at the meet entry, when not able to socially distance, at the concession stand (if applicable), and in the restrooms. These are requirements of the Kansas State High School Activities Association (KSHSAA).*

If the athlete is not riding the bus home, the athlete AND his/her parent must sign out with a coach before leaving. Athletes may leave ONLY with their parent/guardian. NO EXCEPTIONS! Athletes may leave after their race.

Estimated time home is 7:30pm. BUT please be available for a phone call anytime after 6:30pm in case we arrive back early.

Thanks,
Coaches Christi Evans, Winston Heilman, Ryan Miller

WAVE STARTS

4:00 p.m. -- 7th grade girls (2 mile)

- * 4 p.m. -- Wave 1 ("X" number of runners)
- * 4:02 p.m. -- Wave 2
- * 4:04 p.m. -- Wave 3
- * 4:06 p.m. -- Wave 4

4:35 p.m. -- 7th grade boys

- * 4:35 p.m. -- Wave 1
- * 4:37 p.m. -- Wave 2
- * 4:39 p.m. -- Wave 3
- * 4:41 p.m. -- Wave 4

5:10 p.m. -- 8th grade girls

- * 5:10 p.m. -- Wave 1
- * 5:12 p.m. -- Wave 2
- * 5:14 p.m. -- Wave 3
- * 5:16 p.m. -- Wave 4

5:45 p.m. -- 8th grade girls

- * 5:45 p.m. -- Wave 1
- * 5:47 p.m. -- Wave 2
- * 5:49 p.m. -- Wave 3
- * 5:51 p.m. -- Wave 4

7th Boys (12)	7th Girls (13)	8th Boys (7)	8th Girls (9)
Ausborn, Ashton	Ahrens, Camryn	Fewell, Nick	Blow, Maddy
Deutscher, Cale	Blanchett, Sydnee	Jensen, Taygen	Christensen, Marianne
Ekleme, Udo	Blanco, Emme	Knoles, Elijah	Ellis, Olivia
Grogan, Brody	Blanco, Madi	LeDuc, Sean	Fager, Dillyn
Gutierrez, Justin	Chaffee, Tessa	Leinwetter, Anderson	Fullmer, Corrinne
Haddock, Tanner	Cox, Lauren	Noller, Parker	Gathers, Hayley
Hawks, Higgins	Goodenow, Madisyn	Olsen, Connor	Hemsley, Avery
Hill, Jay	Graf, Emily		Ismert, Rylee
Johnson, Parker	Huey, Rayauna		Stevens, Anne
King, Ryan	Marsh, Shamonique		
Loeffler, Brady	Ogelsby, Emma		
Mayer, Michael	Plemmons, Addison		
Stoner, Keaton	Sherley, Madison		
	Stratmann, Caitlin		
	Tonniges, Alera		